

ifl Institute for Logosynthesis™

Invitation for the 2nd Logosynthesis Summer Institute, Switzerland, July 2009

Dear colleagues and friends,

May I introduce you to the next step in guided change: **Logosynthesis**.

Logosynthesis is a remarkably elegant system for guided change – psychotherapy, coaching, and counseling. It's also a self-help tool. The system contains elements from many models in the field: energy psychology, transactional analysis, psychoanalysis, self-psychology and hypnotherapy, in a new and effective combination.

Willem Lammers first introduced the model in 2005, and since then it has been continuously expanded.

Logosynthesis also creates a unique space for the spiritual dimension of guided change: it helps us understand personal growth and development as a quality of our deepest human nature. As a method, Logosynthesis applies the age-old power of the word as a new, amazing healing tool, a starting point for surprisingly gentle healing of trauma, addiction, fear and stress symptoms.

You find an **introductory article** under <http://www.iasag.ch/docs/artikel/intro.logosynthesis.pdf> or you can order the book "Logosynthesis – Change through the Magic of Words" (224 pages, €22 +p) under info@iasag.ch.

The power of the word itself offers a remarkable extension of your therapeutic skills and experience.

Experience this amazing new instrument in our international Logosynthesis summer retreat for professionals in coaching, counselling and psychotherapy. **The 2nd Summer Institute offers the following elements of the IfL Practitioner Training:**

1. **Logosynthesis I, July 6-7**
2. **Logosynthesis II, July 9-10**
3. **Logosynthesis Live, July 13-14**
4. **Logosynthesis Supervision and Application Workshop, July 16-17**

After Level I, you can decide to participate in each seminar separately. We have one- or two-day breaks between seminars to offer you an opportunity to explore and enjoy the amazingly beautiful alpine atmosphere of Bad Ragaz.

The **Level I** now has reached a stable form after three years of different variations in the programme, and those who participated a few years ago will probably not recognize it: a completely new experiential format with the four principles of Logosynthesis, the seven step model for guided change and the basic procedure, presented and exercised in a way that will ease the application in your daily practice.

Many of our trainees in Switzerland have now taken their Level I more than once, and they confirmed to me that the value of repeating it has been enormous.

The **Level II** seminar offers three instruments to fine-tune the timing and the process of your Logosynthesis sessions. I will present the Energy Octagon, an encompassing model for the different manifestations of Life Energy and Essence. The Octagon allows you to easily recognise issues to work with in Logosynthesis. The Octagon will be applied extensively for two important groups of issues: trauma and fear.

The **Logosynthesis Live** workshop offers opportunities to experience the application of the model on personal issues within a small group – with the help of an experienced expert. The participants have the opportunity to discuss the theoretical, methodological and strategic aspects of their experience and the way the system was applied by the trainer.

The **Logosynthesis Supervision and Application** workshop teaches and trains specific techniques for the activation and focusing of the client's issues, to facilitate change with the help of Logosynthesis. It also offers supervision on the use of the model. Participants bring cases and questions from their practice in coaching, counselling and psychotherapy.

You find more information on the **Logosynthesis Practitioner** curriculum under <http://www.iasag.ch/flyers/flyer.Logosynthesis.2008.pdf>.

In the first Summer Institute, we had participants from nine different countries. That means an excellent learning opportunity and a way to experience the basic training programme in Logosynthesis.

A special word on the venue:

Bad Ragaz is an old spa village (<http://www.spavillage.ch/en/welcome.cfm?>) in the Rhine valley, with an extremely sunny microclimate at the foot of the Alps. You can spend the Wednesday on walking in the beautiful Tamina Canyon to the source of the healing water or walk in the mountains. The Bristol is the home of ias, our institute, a former hotel built in 1906 with a very nice atmosphere. Look at the pictures: <http://www.iasag.ch/docs/bilder/bristol/ias%20im%20Bristol.html>

The region became world-famous since the story of Heidi was published. Travel is easy: You fly to Zurich and take the train to Zurich HB (main station). From there direct trains to Chur stop at the Intercity station Bad Ragaz every hour. You can also take the direct train to Sargans and change trains to Bad Ragaz. The Bristol is situated directly across the station:

There are several small and not expensive hotels nearby. See <http://www.spavillage.ch> for the details.

The costs for the seminar for each seminar are only SFR 500, which is circa € 330 or \$430. If you already visited a Level I, please consider repeating it: Our experience teaches us that many people get deepened insights in the model and the method if they repeat elements of the practitioner curriculum.

Please send your seminar application to lammers@iasag.ch

Welcome to Bad Ragaz!

Warm regards,

Willem Lammers MSc, TSTA
Originator of Logosynthesis